



# Family Services of Warren County

We're here for you and your family

## “WHAT’S HAPPENING” NEWSLETTER

### Special points of interest:

- What has happened?
- Thank you Jada
- TIC
- Facebook
- Fundraising
- Executive Director

## What has happened at FSWC?

September was World Suicide Prevention Awareness Month, and FSWC took the awareness to a whole new level! Day 1 was “Team up Against Suicide”, clients and employees alike put their thumbprints on our tree of life! Day 2, “Dress Lively & Celebrate Life”; beautiful colors lined the halls of FSWC to celebrate life! Day 3, “National Suicide Prevention Awareness Day”, the community joined together wearing “You Matter” t-shirts and took a photo at soldiers and sailors park. Day 4, “Red, White, and Blue”; Honoring our Veterans and everything they sacrificed to maintain our freedoms. Clients (and Clinicians) completed 22 push-ups to represent the 22 Veterans a day that lose their lives to suicide. Day 5 was “Kick Off Day”, everyone wore their favorite team’s jersey and we celebrated with delicious inspiring cookies! Day 6... “World Suicide Prevention Day”, the halls of FSWC were covered in white to honor the souls who lost their battle to this silent illness.



# What's News?

## Thank you Jada

During the transition of leadership in June of 2019, the board of directors appointed Jada DeLoof, LPC, as Interim Executive Director. Throughout her time as the Interim Executive Director, Jada was able to balance her prior role obligations as the Clinical Director through providing clinical supervision and clinical oversight all while enhancing community outreach and governing agency operations. We are proud to announce that Jada obtained her license as a Licensed Professional Counselor earlier this year and is currently accepting clients that are privately funded. Jada has since returned to her designated position as the Director of Clinical Operations.

## Trauma Informed Care

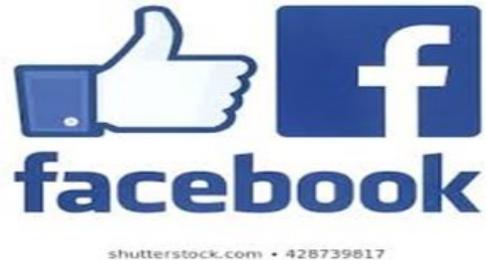
For the second year in a row, Family Services was awarded recognition as a North Central Trauma Informed Care Center (NC TICC). To receive this recognition, Family Services dedicated time, effort, and energy to establish trauma informed practices within a safe, healing environment. We did this through

several tasks, but one of our main focuses was to continue providing the highest quality of behavioral health counseling, and this meant continuing our education. Specifically in 2019, we trained two more of our clinicians in Eye Movement Desensitization Reprocessing (EMDR), 4 Clinicians in Trauma in the Family System, 6 Clinicians in Emotional Freedom Tapping, and had 2 clinicians attend the National Behavioral Health Conference. Other improvements at the agency that have made holding the role of being a Trauma Informed Care Center in our community possible included, measuring outcomes of treatment services through the application of psychological and trauma experiences assessments which allowed for improved outcomes measuring treatment success at large. Several other components that also contributed to Family Services transitioning the culture of the agency to support their mission and the overall tasks of this initiative included improving the environment through physical enhancements, conducting internal quality assurance reviews and audits, establishing more effective and trauma informed policies that support the staff to also embrace the healing culture of their own welfare and the welfare of those we serve. Family Services was compensated \$10,000.00 as a result of this hard work and recognition in September of 2019 which will be used to continue their progressive movement in embracing Trauma Informed Care.



## Facebook

We have made more of an effort to be active on our Facebook Page and over the last several months we have attracted several hundred new followers. We encourage you to check out our page, like or love our posts, and share the posts on your personal page. We encourage you to share ideas you may have that would work to increase our exposure on the internet!



## Fundraising

As we all prepare for the winter weather, we start thinking about keeping salt off of our vehicles. Please help two local businesses, Family Services of Warren County and Follett Run Bay Wash by using our code "1330" at the kiosk. Simply select a \$10 wash and our agency will receive a percentage in return! It is a win win, you get your car washed and Family Services benefits as well. Thank you in advance for your donation!



In honor of Logan Morrison and Suicide Prevention & Awareness, join us for a 5K on October 12th, 2019. We will have a booth set up at the American Legion-Post 658 in Youngsville. Stop by for information and be a part of celebrating this young life that was taken too soon. The proceeds from the 5 K will benefit a foundation named Suicide Prevention and Family Services of Warren County. We will have an informational table set up with some items for sale so please stop by and say hello.

Do you shop on Amazon? If so a simple click of the button and you can support our non-profit agency. AmazonSmile is a website operated by Amazon with the same products, prices, and shopping features as Amazon.com. The difference is that when you shop on AmazonSmile, the AmazonSmile Foundation will donate 0.5% of the purchase price of eligible products to Family Services of Warren County if you choose us at checkout. Thank you in advance.



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# A Message from our Executive Director

People have asked me what lead me to leave a long standing career of 24 years at one agency and take on this new role here at Family Services of Warren County. Let me share a story with you. It was my first encounter several months ago as a guest presenter at a staff meeting that made me a firm believer that quality treatment was happening here. Employees here at Family Services are so passionate about staying current with treatment trends, seeking supervision, and creating a safe healing environment. The enthusiasm and professionalism displayed on a day to day basis makes this agency a leading provider of both Mental Health and Alcohol and Drug Abuse Counseling in Warren County.

I spent many years working with individuals and families in both the residential and community based settings that suffer from serious emotional disturbance. For the past 10 years I have been the director of Family Based Mental Health Services overseeing 10 staff in two counties. As I grew in my skills as clinical supervisor, I then began to mentor and become a trainer of structural family therapy through Western Psychiatric Institute and Clinic of UPMC. Challenging my skills both clinically and administratively is important. I am a lifelong learner. It is clear to me that Family Services of Warren County’s mission and values fit well with my skill set and career goals. I am thankful for this opportunity to be appointed to lead such skilled therapists and committed staff.



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**We’re Here For You and  
Your Family.**

**WE’RE ON THE  
WEB!**

**WWW.FSWC.ORG**